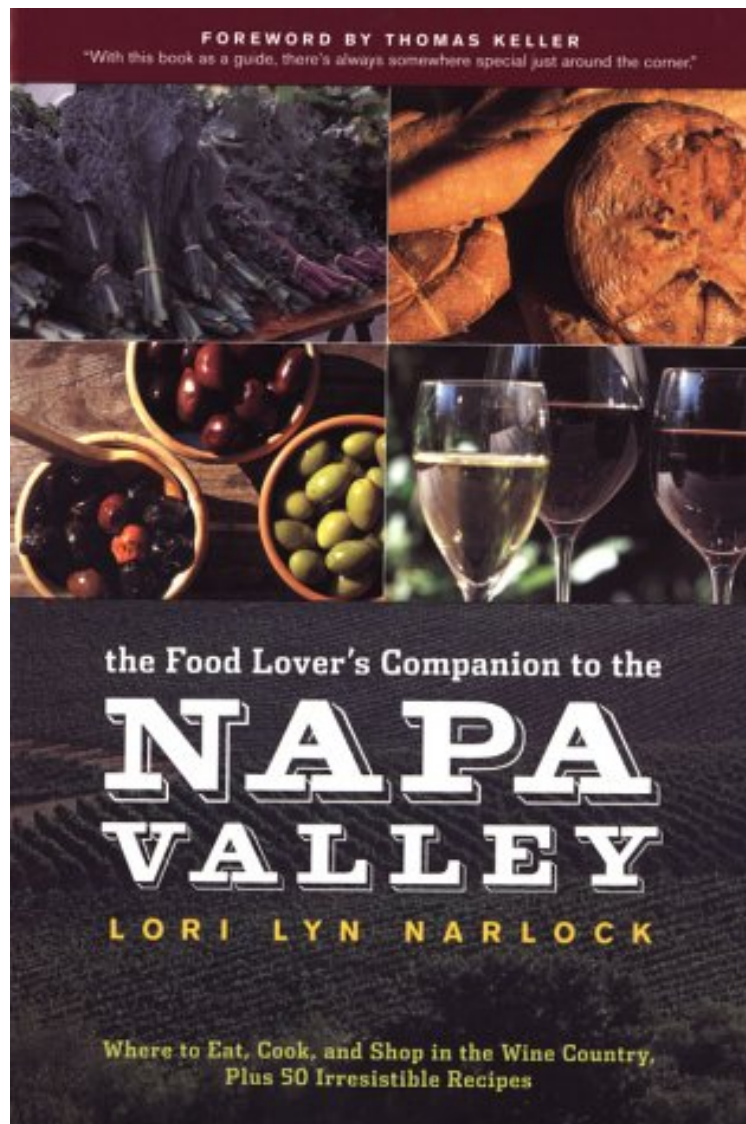


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The Food Lover's Companion to the Napa Valley: Where to Eat, Cook, and Shop in the Wine Country Plus 50 Irresistible Recipes

Lori Lyn Narlock

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Lori Lyn Narlock : The Food Lover's Companion to the Napa Valley: Where to Eat, Cook, and Shop in the Wine Country Plus 50 Irresistible Recipes before purchasing it in order to gage whether or not it would be worth my time, and all praised The Food Lover's Companion to the Napa Valley: Where to Eat, Cook, and Shop in the Wine Country Plus 50 Irresistible Recipes:

3 of 3 people found the following review helpful. Great overview of Napa Valley. This book covers all the areas I was interested in learning about before our trip to Napa Valley. The reviews seem unbiased and thoughtful. We had visited Napa 18 years ago and while we already had a few ideas, reservations, etc., this guide gave us even more places to consider. I've "earmarked" so many pages and even took this guide with us. It also includes maps, addresses and phone numbers and/or websites. Some good recipes are in the back. A good companion guide.

0 of 0 people found the following review helpful. Napa Valley. This book has the BEST recipe for homemade tomato soup (I leave out the thyme and go easy on the pepper). If you like soup the price of this book is worth it for this recipe alone. Having said that...it's got a lot of other great tidbits (and recipes) from Napa.

7 of 10 people found the following review helpful. A great resource, even for locals...By A Customer As a regular visitor to the Napa Valley for the past 10 years, it's easy to think that one has 'seen it all.' This book really reminded me what a special place the Napa Valley is, and how much there is to discover. Visitors and locals alike will find something new and interesting that they simply must try. Take this book with you to the Valley, or read it before you go and find your new 'must try' discovery.

This is the first of its kind: an insider's food guide to that gourmand's paradise, the Napa Valley. Author and longtime resident Lori Lyn Narlock goes behind the scenes to discover where chefs shop, the best places to take a cooking class, or where to get a grapeseed oil massage. With complete details on the where, when, how, and how much, plus dozens of artful black-and-white photographs, this indispensable guide for food lovers even includes 50 recipes honoring the region's local specialties. It's a mouthwatering roster of the best that Napa has to offer.

From Publishers Weekly A foreword by Keller of Napa's famed French Laundry restaurant lends instant credibility to this volume, and Narlock, a former chef and food writer living in the Napa Valley who clearly has a deep adoration of the area and its culinary treasures, cements her own credibility as well. Written "as though I were making suggestions for a friend," this volume catalogues the best of Napa, from bakeries, beverages and burgers to sushi, tableware and taquerias. She also includes a selection of tantalizing seasonal recipes, such as Crostini with Pecorino, Honey and Orange Zest and Heirloom Tomato Salad with Capers and Golden Balsamic Vinegar. All recipes employ local delicacies, and many come from favorite area restaurants. This could be an enjoyable book to read from cover to cover, as Narlock includes brief anecdotes and quotes in her readable descriptions. But it's best used as a handy reference for those searching for the perfect cheese or a bustling farmer's market. Narlock is in the know about current offerings ("Les Landeck grows the most flavorful arugula I've tasted outside of Rome, and his romaine, when available, will spoil you"-but she will need to update the book regularly or much of the information may become dated. Copyright 2003 Reed Business Information, Inc.

About the Author Lori Lyn Narlock is a San Francisco-based writer and editor. Her work has appeared in such publications as Bon Appetit and the San Francisco Chronicle. Michael Carabetta is an award-winning designer and is creative director at Chronicle Books. He lives in San Francisco.