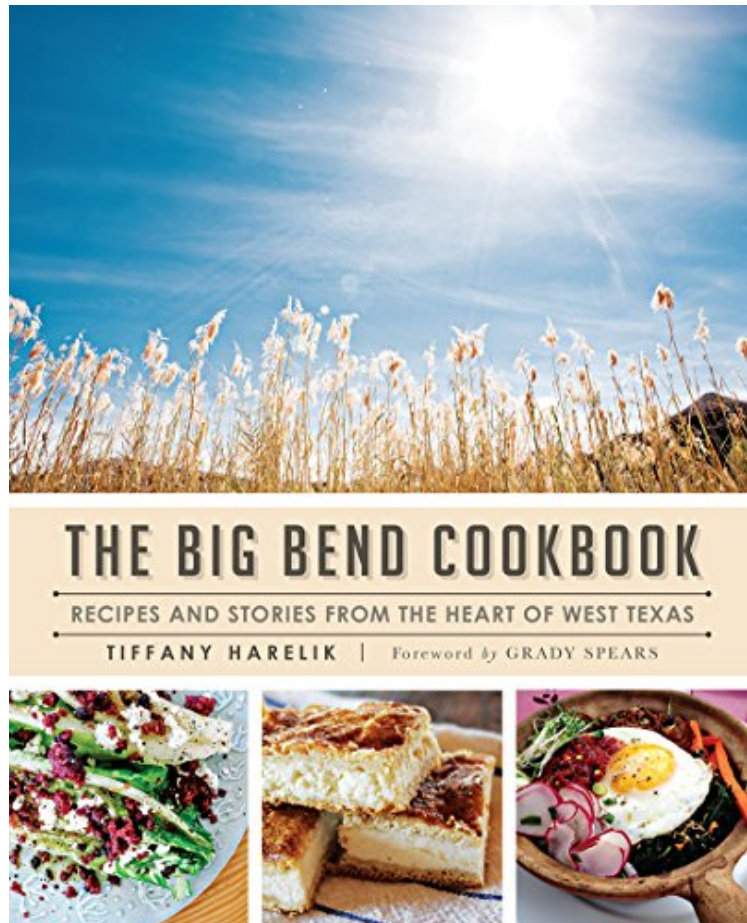


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## The Big Bend Cookbook: Recipes and Stories from the Heart of West Texas (American Palate)

*Tiffany Harelik*

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**Tiffany Harelik : The Big Bend Cookbook: Recipes and Stories from the Heart of West Texas (American Palate)** before purchasing it in order to gage whether or not it would be worth my time, and all praised The Big Bend Cookbook: Recipes and Stories from the Heart of West Texas (American Palate):

0 of 0 people found the following review helpful. Loved every single pageBy austexgrlLoved every single page, recipe, and picture I was surprised.. thought it was going to be just an ordinary Texas Cookbook. This is a delight.. it is so much more!!!0 of 0 people found the following review helpful. Very nice quality picturesBy Michaela DavisI'm from the BBNP area and lived this cookbook! Very nice quality pictures.1 of 1 people found the following review helpful. I love how this book beautifully represents the beloved area I grew up in.By Natalie PattilloI love how this book beautifully represents the beloved area I grew up in. Tiffany Harelik did a fabulous job of capturing the true essence of Big Bend's cohesive diversity. We have an array of wildlife, people, and flavors in this desert mountain

region, but everything blends perfectly together. From the starry nights and Chisos Mountains to the traditional chicken fried steak and tortilla soup, this narrative-style cookbook will not disappoint. The stories pack a punch too! Even if you're not from the area, this book provides excellent informational text on the region. Big Bend is wildly beautiful, filled with friendly locals, and amazing spots to eat or drink. If you're craving the regional food, this cookbook will take you to Big Bend in a meal...or several meals. Great for a gift to yourself, colleagues, or loved ones!

Early settlers of the Big Bend honed a culture of self-reliance, resilience and creativity. Today, this is reflected in the diverse art, music and cuisine of the area that draw visitors undeterred by its isolation. Though sparsely populated, Big Bend is home to nationally acclaimed restaurants and chefs, as well as generations' worth of family recipes. Travel town by town and plate by plate in this culinary and cultural tour through the Big Bend. Indulge in a slice of jalapeno chocolate cake from Lajitas. Taste the way Big Bend Brewery's beer makes beef stew irresistible. Take a bite of an innovated classic with the rich pistachio fried steak in Marfa. From barbecued cabrito in Marathon and pozole in Fort Davis to adventures foraging in the desert, savor a part of Texas unlike any other. Author Tiffany Harelik guides the journey with interviews, history and, of course, recipes.

About the Author Serving up the American dream one plate at a time, Tiffany Harelik is a travel and food writer with a focus on iconic street food culture.