Lake Superior Flavors: A Field Guide to Food and Drink along the Circle Tour

James Norton
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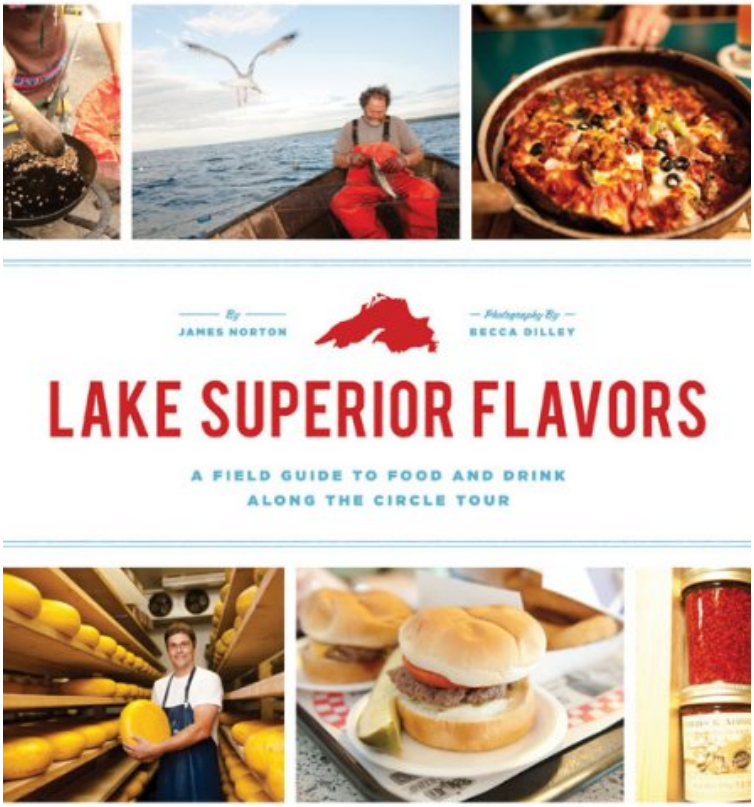

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James Norton : Lake Superior Flavors: A Field Guide to Food and Drink along the Circle Tour before purchasing it in order to gage whether or not it would be worth my time, and all praised Lake Superior Flavors: A Field Guide to Food and Drink along the Circle Tour:

6 of 6 people found the following review helpful. I'm glad I bought the book!By JoAnnI have made that circle tour a couple times. The book is good, and I did learn about some places I was not aware of previously, and will definitely look for the next time I do the circle. I liked also that so much of the history of places was included. I was a little disappointed to see that some of my favorite places that I felt were a little bit unusual and noteworthy had not been included. Of course places covered in the book were places the authors had been to and knew about. No one could ever cover them all. I'm glad I bought the book.0 of 0 people found the following review helpful. I like the background stories of the places that wereBy PhylVery informative. I like the background stories of the places that were mentioned0 of 0 people found the following review helpful. Came quickly. Just what I expected.By CustomerCame quickly. Just what I expected.

From the founders of the popular food website Heavy Table comes Lake Superior Flavors, a celebration of food culture around the shores of the greatest of the Great Lakes. Author James Norton and photographer Becca Dilley take readers on a culinary tour around Lake Superior, hitting high-traffic tourist spots and cultural institutions as well as off-the-beaten-path discoveries.Norton and Dilley also meet food producers and artisansfishermen, cheesemakers, brewers, and moreand explore the culinary history and current food culture of four distinct regions. Along the North Shore of Minnesota, Norton and Dilley ride along with a herring fisherman struggling to preserve his way of life. In Thunder Bay and Ontario, the authors investigate the roots of the locavore movement in a remarkable conversation with an Ojibwe woman about native food. In the remote Keweenaw Peninsula of Michigan, the pair encounters a group of philosophical gourmet monks who make jam from foraged berries. And along the south shore of the lake, they talk with a Wisconsin cheesemaker and goatherd who takes his flock on a nightly walkcocktail in hand. Alongside Norton and Dilleys travelogues are capsule reviews of restaurants, insightful tasting notes, and sidebars featuring important dishes of each regionfrom smoked fish and skillet-popped wild rice to pannukakku (Finnish pancakes) and cudighi (Italian meatball sandwiches).Showcasing the wild beauty and rugged authenticity of the places and people along the circle tour, Lake Superior Flavors is ideal for local foodies and for visitors who want to learn about food traditions through delicious eating and lively traveling.

"Lake Superior is a big lake, as Jim and Becca acknowledge on page one of their book, and the food and culture that it creates, inspires, and nurtures represent some of the best in our country. In this book, the daring duo perfectly captures the essence of who we are in the Upper Midwest, and their prescriptive approach for the traveler is both an alluring sirens song and one of the best guides of its type. A Baedeker with soul for a new generation." Andrew Zimmern"Lake Superior Flavors gives us a tour around the Lake by way of its fare, a fantastic resource for gastronome visitors and local foodies alike." Tim Nelson, Principal, Fitger's Brewhouse Brewery and Grille, Duluth, MN