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Stephanie Stewart-Howard

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Kentucky Bourbon and Tennessee Whiskey serves as a guide to regional tourists and to armchair aficionados highlighting the major distilleries and up and coming micro distilleries, largely along the I-65 through Bluegrass Parkway Whiskey and Bourbon Corridor from the Alabama border through Tennessee and across Kentucky. In the course of that tour, readers can explore the history of spirit production in the region and learn to nuances of tasting. Included are more than 50 cocktail recipes from the distillers themselves and well-known mixologists from the region.

About the Author
Stephanie Stewart-Howards is a journalist and author whose resume also includes work as an artist, actor, costume designer and researcher. She received her BA and MA from the Universities of Iowa and Nebraska (Omaha), respectively. After spending several years as managing editor and primary writer at Nashville Lifestyles magazine, she decided to leap into the book and freelance world. She has contributed to Nashville Arts, Cheers!, Sports Nashville, Volkswagens Das Auto, NFocus, The Tennessean and many more publications. She is the author of Nashville Chefs Table and Barbecue Lovers Memphis and Tennessee Styles (both Globe Pequot Press).