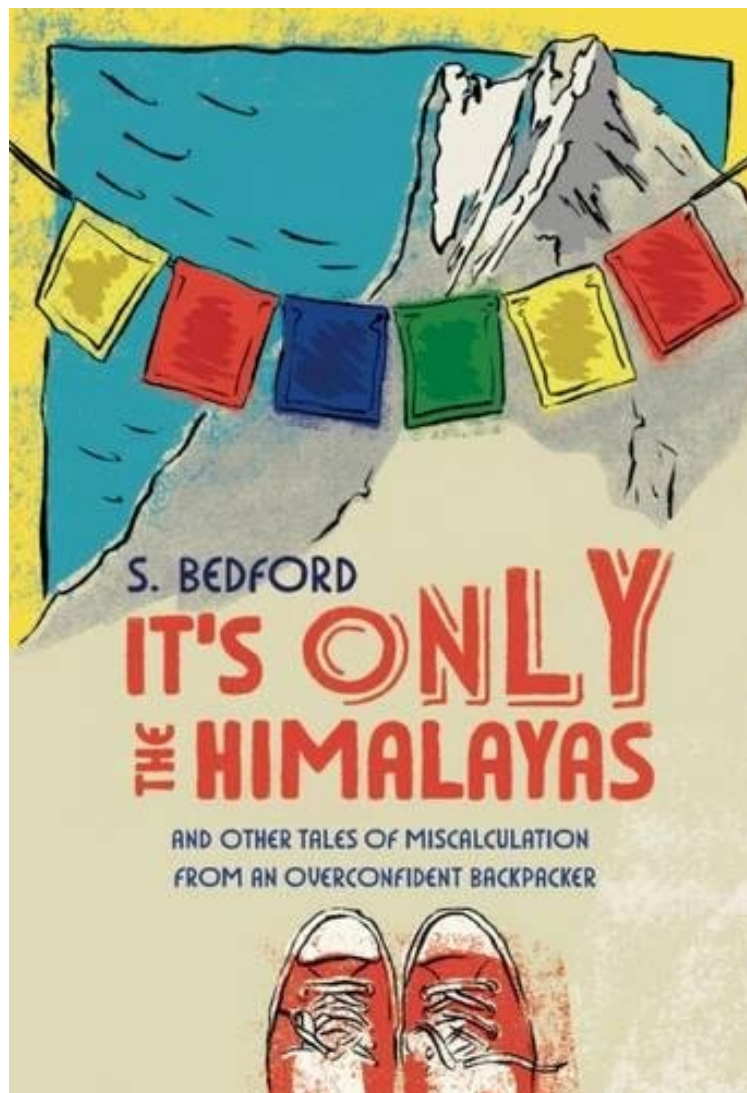


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## It's Only the Himalayas: And Other Tales of Miscalculation from an Overconfident Backpacker

*S. Bedford*

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**S. Bedford : It's Only the Himalayas: And Other Tales of Miscalculation from an Overconfident Backpacker** before purchasing it in order to gage whether or not it would be worth my time, and all praised It's Only the Himalayas: And Other Tales of Miscalculation from an Overconfident Backpacker:

0 of 0 people found the following review helpful. ...the Bill Bryson of her generation!By Michael K. NelsonSue Bedford is the Bill Bryson of her generation. Not yet the Bryson who analyzes Shakespeare, but Bryson who bumbles

hilariously through Europe with his comic sidekick, Katz. Sues travels are through Africa and Asia and her hijinks are of her time, but her writing and storytelling are equally comic and insightful. The stories in her book brought me into the moment and also transported me to my backpacking adventures. I'm glad to know that the Internet age hasn't made a mess of going out and seeing what is around the corner! The book made me think in places, but before I could go too far down that path I found myself laughing out loud again. I should also say that the writing is a bit dangerous. I was getting over bronchitis when I read it and the last chapter had me laughing so hard that I ended up in coughing fits with tears rolling down my cheeks! 0 of 0 people found the following review helpful. Amazing Book for Travel Inspiration! By James I was searching for inspiration to start my own backpacking experience and this fit the bill perfectly. Funny, charismatic, and inspiring, this book definitely got me ready for my trip. Nine months down! Two and a half years to go! 0 of 0 people found the following review helpful. Hilarious Read! Makes you laugh and want to book a plane ticket! By matt For someone who "got cold reaching into the freezer for peas", trekking the notorious Annapurna trail in Nepal is not something you'd expect them to do. For someone who saw meditation as "a successful re-branding of the nap", going to an ashram in India is not something you'd expect them to do. In both cases, your expectations would be wrong. Hilarity ensues as Bedford tries to stay awake and warm (and relatively sober) in this series of global mishaps told with an infectious sense of wit. "Hell is free" she mutters to her friend before collapsing into a \$5 a night room in Delhi. It's definitely not your typical revelation-laden backpacker story, and that's why it's great --- I laughed for hours!

"A hilarious travelogue for a social media generation Bedford [leaves] the door open for another journey. If it is anything like this trip, it'll be worth reading too." Publishers Weekly Sue, a disenchanting waitress, embarks upon a year-long quest around the world with her friend, Sarawhos exasperatingly perfect. Expecting a whimsical jaunt of self-discovery, Sue instead encounters an absurd series of misadventures that render her embarrassed, terrified, and queasy (and in a lot of trouble with Philippine Airlines). Whether she's fleeing from ravenous lions, dancing amid smoking skulls, trekking Annapurna underprepared, or (accidentally) drugging an Englishman, Sues quick-witted, self-deprecating narrative might just inspire you to take your own chaotic adventure.

About the Author S. Bedford is an indie backpacker who has accidentally locked herself in the bathroom in over fifty countries. She calls Vancouver, Canada home base, and *It's Only the Himalayas* is her first book.